

# The ARP ACTA



## Aylsham Roman Project Newsletter



Vol 5 Issue 5 2021

**March has arrived and with it new life  
and new hope**

\*\*\*\*\*

### Friends

Thank you everyone who has been in touch and renewed their £10 Friend card. Remember, if you want early information about August, do please renew your Friend subscription now.

We keep our fingers crossed that everything is moving in the right direction and that we will be in the field. Hopefully, there'll be some more good news in next month's issue.

### A Year's Zooming!

Who would have thought when we started last March that we would still be going. It's so good that we can at least see and talk to each other, even though there are time delays and the Internet goes down leaving people frozen in some very strange poses!

### Zoom Talks

It's been a good month for talks, too. Peter and Sheila have delivered two to groups, Aylsham Trefoil Guild and Longevity Fitness class. They were great fun to do, even with some technical difficulties!

A further talk was to children at Bure Valley School here in Aylsham. Last year it was in the school, this year it was online.

It really was so uplifting to see a view from the classroom and those at home joining in as well. A box of Roman pottery etc was left at the school for the children to see and handle. There were some super questions too.

A video of the talk was also made and sent to Sheringham History Society for their members only section on their website.

Thank you very much to all four groups for getting in touch and inviting us to talk.

### Promotional Items

Weather permitting, our stand will be at the Nursery over Easter. A chance to buy more pens, an owl brooch, one of our books, collect your Friend card etc etc. Attached to the email you'll find our clothing order sheet - order now before the prices go up!!

### Light Reading

Thank you, Franz, for sending this link from UCL to keep you going while at home, articles from Archaeology South-East <https://www.ucl.ac.uk/archaeology-south-east/publications>

**Did you know?.....Did you know?.....Did you know?.....**

An ancient Roman cure for stomach ache was to wash your feet and drink the water. (Mmm.....think I'll keep the stomach ache!!)

**Keep following the rules,  
get the vaccine, stay safe and  
look forward to summer**